#### APPLICATION FOR ATHLETE PARTICIPATION IN SPECIAL OLYMPICS IDAHO

Valid for three (3) years from physical exam date

NEW or RENEWAL (circle one)

#### Instructions: Complete and sign pages 1 – 4 of this application. Include pages 5 and 6 if applicable.

**Return to Special Olympics Idaho** mail: 199 E 52<sup>nd</sup> St Garden City Id 83714, fax: 208.323.0486 email: idso@idso.org If Athlete has had a physical exam within the last year, it may qualify as sufficient for page 2 of this application. Please complete the BEHAVIORAL CERTIFICATION section on page 2 and include recent physical exam report with this application.

Team Name:							Ethnic background (optional)			
							Caucasian, Hispanic, Asian, Native American,			
							African American,			
	ł – – – – – – – – – – – – – – – – – – –		<u> </u>			(C 110				
						(if US	Male			
Athlete's Social Security #	-	-	-			Citizen)	Female	Date of Birth (month/day/year)		
Athlete's Name								//		
							Athlete Phone			
Athlete's Address								@		
Athlete 3 Address					-			e e		
City	State				Zip		Athlete Email			
Does Athlete live at a care facility?										
□ No □ Yes	Facility Name						Facility Phone	( ) -		
	ž									
Parent/Guardian's Name							Primary Phone	( ) -		
Parent/Guardian's Address (if differen	t than athlata)						Secondary Phone	( )		
Tarent/Odardian's Address (if differen	t than atmete)						Secondary Thone			
							Parent Email	@		
Emergency Contact (if other than pare	nt/guardian)						Emergency Phone	( ) -		
Health/Accident Insurance Company							Policy #			

HEALTH HISTORY: TO BE COMPLETED BY PARENT/CAREGIVER or ADULT ATHLETE (*) Requires physical examination					
Yes	No	If yes, please make notation next to condition		No	If yes, please make notation next to condition
		*Heart disease / heart defect / high blood pressure			
		*Chest pain			Medicines:
		*Seizures / epilepsy / fainting spells			Food:
		Wheelchair use			Insect stings/bites:
		*Concussion or serious head injury			Special diet
		*Major surgery or serious illness			
		Heat stroke / exhaustion		Tobacco use	
		*Blindness / visual problem			Easy bleeding
		Contact lenses / glasses			Emotional / psychiatric / behavioral
		Hearing loss / hearing aid			Sickle cell trait or disease
		Bone or joint problem			Immunizations up to date
Date	Date of most recent tetanus immunization//				Other' for additional space use back of form
CIRCLE ONE					

#### NEEDS ONE ON ONE SUPERVISION? YES NO REASON:

<b>Medications:</b> Please print medication name, amount, date prescribed and number of times per day medication is given.							
Medication Name	Dosage	Date Prescribed	Times per day	Medication Name	Dosage	Date Prescribed	Times per day
Sign here							
Signature of parent/caregiver/adult athlete: Date:							



ATLANTO-AXIAL INSTABILITY ASSESSMENT FOR ATHLETES WITH DOWN SYNDROME       EXAMINER'S NOTE: If the athlete has Down syndrome, Special Olympics requires a full radiological examination establishing the absence of Atlanto-axial Instability before he/she may participate in sports or events which, by their nature, may result in hyperextension, radical flexion or direct pressure on the neck or upper spine. The sports and events for which such a radiological examination is required are: judo, equestrian sports, gymnastics, diving, pentathlon, butterfly stroke and diving starts in swimming, high jump, alpine skiing, snowboarding, squat lift, and football team competition (soccer).       Yes     No       Image: Image					
	PHYSICA	L EXAMINATION			
Blood pressure:/ Weight:	Height:Heart R	ate:/			
Normal/Abnormal        Image: Description of the state of t		Cardiovascular system Respiratory system Gastrointestinal system Genitourinary system Skin	Normal/Abnormal	Cranial nerves Coordination Reflexes	
Primary MR Etiology/Category (if known): I have reviewed the above health information and have performed the above examination on this athlete within the past 6 months and certify that the athlete, who has been identified by an agency or a professional as having an intellectual disability or a closely related developmental disability, can participate in Special Olympics. RESTRICTIONS:					
BEHAVIORAL CERTIFICATION In order to provide a safe environment for all Special Olympics Idaho athletes, volunteers and employees, it is the policy of special Olympics Idaho that persons with backgrounds of deviant sexual behavior or acts of violence will be excluded from all Special Olympics Idaho programs. Acts of violence which will mandate exclusion are those in which there is a substantial risk that physical harm will be inflicted by the individual upon another as evidenced by behavior which has caused such harm.					
To the best of your knowledge, has th	is athlete at any time exhibit	bited: Violent Be Sexually Deviant Be			
If you marked "YES" to either of these questions, please complete the Athlete Profile attached. If you have any questions, please contact the Special Olympics Idaho Chapter Office at 1-800-915-6510.					
EXAMINER'S SIGNATURE:			Date	]]	
EXAMINER'S NAME (please print):					
ADDRESS:FAMILY PHYSICIAN (if different that	n Examiner)	Phone:	e-mail:		
ADDRESS:		Phone:	e-mail:		



### OFFICIAL SPECIAL OLYMPICS RELEASE FORM

## **RELEASE TO BE COMPLETED BY ADULT ATHLETE**

am at least 18 years old and have submitted the attached application for participation in I. Special Olympics. I represent and warrant that, to the best of my knowledge and belief, I am physically and mentally able to participate in Special Olympic activities. I also represent that a licensed physician has reviewed the health information contained in my application and has certified, based on an independent medical examination, that there is no medical evidence that would preclude me from participating in Special Olympics. I understand that if I have Down syndrome, I cannot participate in sports or events that by their nature result in h hyper-extension, radical flexion or direct pressure on my neck or upper spine unless I have had a full radiological examination which establishes the

absence of Atlanto-axial instability. I am aware that I must have this radiological examination before I can participate in equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, and soccer.

Special Olympics has my permission, both during and anytime after, to use my likeness, name, voice, or words in either television, radio, film, newspapers, magazine, and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

If, during my participation in Special Olympics activities, I should need emergency medical treatment, and I am not able to give my consent or make my own arrangements for that treatment because of my injuries, I authorize Special Olympics to take whatever measures are necessary to protect my health and well-being, including if necessary, hospitalization.

I, the athlete named above, have read this paper and fully understand the provisions of the release that I am signing. I understand that by signing this paper, I am saying that I agree to the provisions of this Release.

Signature of Adult Athlete

Date

I hereby certify that I have reviewed this Release with the athlete whose signature appears above. I am satisfied based on that review that the athlete understands this Release and has agreed to its terms.

Name (Print):

Relationship to athlete;

(family member, teacher, coach, etc.)

## **RELEASE TO BE COMPLETED BY PARENT OR GUARDIAN OF MINOR ATHLETE**

I am the parent/guardian of

\_, the minor athlete on whose behalf I have submitted the attached Application for Participation in Special Olympics. I hereby represent that the athlete has my permission to participate in Special Olympics activities.

I further represent and warrant that to the best of my knowledge and belief, the athlete is physically and mentally able to participate in Special Olympics. With my approval, a licensed physician has reviewed the health information set forth in the athlete's Application and has certified based on an independent medical examination that there is no medical evidence which would preclude the athlete's participation. I understand that if the athlete has Down Syndrome, the athlete cannot participate in sports or events which by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine, unless a full radiological examination establishes the absence of Atlanto-axial instability. I am aware that the sports and events for which this radiological examination is required are equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, and soccer.

In permitting the athlete to participate, I am specifically granting my permission, both during an d anytime after to Special Olympics to use the athlete's likeness, name, voice, or words in television, radio, film, newspapers, magazine, and other media and in any form for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support those purposes and activities.

If a medical emergency should arise during the athlete's participation in any special Olympics activities, at a time when I am not personally present so as to be consulted regarding the athlete's care, I hereby authorize Special Olympics, on my behalf, to take whatever measures are necessary to ensure that the athlete is provided with any emergency medical treatment including hospitalization which Special Olympics deems advisable in order to protect the athlete's health and well-being.

I am the parent/guardian of the athlete named in this Application. I have read and fully understand the provisions of the above Release and have explained these provisions to the athlete. Through my signature on this Release form, I am agreeing to the above provision on my own behalf and on the behalf of the athlete named above.

I hereby give my permission for the athlete named above to participate in Special Olympics Games, recreation programs and physical activity programs.

Signature of Parent/Guardian

Date

## SPECIAL OLYMPICS IDAHO ATHLETE'S CODE OF CONDUCT

Special Olympics Idaho is committed to the highest ideals of sports and expects all athletes to honor sports and Special Olympics. All Special Olympics athletes and Unified Partners agree to the following code:

### I. SPORTSMANSHIP

- **A.** I will practice good sportsmanship.
- **B.** I will act in ways that bring respect to me, my coaches, my team and Special Olympics Idaho.
- **C.** I will not use bad language.
- **D.** I will not swear or insult other persons, this includes gossiping about other athletes or anyone involved with Special Olympics.
- E. I will not fight with other athletes, coaches, volunteers, or staff.

### II. TRAINING AND COMPETITION

- A. I will train regularly.
- **B.** I will learn and follow the rules of my sport.
- **C.** I will listen to my coaches and the officials and ask questions when I do not understand.
- **D.** I will always try my best during training, divisioning, and competitions.
- **E.** I will not "hold back" in preliminaries just to get into an easier final heat.

### III. RESPONSIBILITY FOR MY ACTIONS

- A. I will not make inappropriate or unwanted physical, verbal or sexual advances on others.
- B. I will not drink alcohol, smoke or take illegal drugs while representing Special Olympics at training sessions, competition or during Games.
- C. I will not take drugs for the purpose of improving my performance.
- D. I will obey all laws and Special Olympics rules.

I understand that if I do not obey this Code of Conduct my Program or a Games Organizing Committee may not allow me to participate.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_.

Athlete Name Print

Athlete Signature

Parent/Guardian Name Print

Parent/Guardian Signature



# Special Olympics Idaho - Safe Participation Plan ATHLETE PROFILE

(Only to be completed if athlete has exhibited at any time Violent or Sexually Deviant behavior.)

Profile Date:			
Athlete name:	SS#		
Name of Person completing this profile:			
Relationship to athlete:		Phone:	
Parent / Guardian Name:		Phone:	
Address:	City:		
State: Zip: Does A	Athlete reside at this address?	YES	NO
Care Facility /Caregiver Name:		Phone:	
Address:	State:	Zip:	
How long has athlete resided at this address	S?Years <u>Month</u>	S	
Athlete Age: — Gender: M F	Approx. Height:		Weight:
ATE	ILETE BEHAVIOR PR	OFILE	
<u>Type of Behavior</u>	Single or Multiple Incidents		Date of Last Incident
Sexual Assault of Adult M / FSingle Sexual Exposure to Adult M / F Single Sexual Assault of child Sexual Exposure to child Sexual Harassment M / FSingle Physical Assault of adult M / FSingle Physical Self-abuse Verbal Assault Single	e / Multiple Single / Multiple Single / Multiple e / Multiple		
Is the Athlete currently on legal probation?	YES / NO If	yes, de	escribe the terms of probation.

Is athlete actively participating in a treatment program that specifically addresses the indicated behavior? YES / NO If YES, please describe treatment and frequency.

#### **ATHLETE BEHAVIOR PROFILE**

#### Cont'd.

Has a judge or other legal authority ordered this treatment? YES / NO If YES, please describe any additional terms such as restriction of social activities.

Is there a specific stimulus / activity that has been identified as the trigger for the indicated behavior(s)? YES /  $\,$  NO

Please list all behavior triggers and explain the circumstances of the most recent incident where athlete displayed the indicated behavior(s).

Describe athlete's understanding of his /her conduct – does athlete differentiate right from wrong behavior? Please explain.

Does the athlete currently display a positive, cooperative attitude under supervision? Please explain.

Please indicate athlete's communication skill level: check all that apply

speech is clear, easily understood responds verbally when spoken to	never speaks speech is not clear, difficult to understand
does not usually speak	uses sounds (not words) to communicate
uses sign language only	uses some words, some gestures
usually maintains eye contact	generally avoids eye contact
other, explain	

Has individual participated in Special Olympics Idaho prior to today's date? YES / NO If Yes, please list the team name(s), length of time athlete has participated, and in what sport(s).



## **Special Olympics Family Member Code of Conduct**

We hope as family members, you will embrace the spirit of Special Olympics and help to provide a competition and training environment that enhances athlete character and skill development. The following Family Code of Conduct should be emphasized during training, competition, and special events at any level – including sub-Program, Accredited Program, National, Regional and World.

As a Special Olympics family member, I pledge the following:

- I will let my athlete choose the sports in which he/she would like to participate. I will not force my choice upon him/her.
- I will remember that athletes participate to have fun and that the game is for them; not for the family members.
- I will see to it that my athlete's medical form is up-to-date, complete, and on file.
- I will learn the rules of the game and the SOI policies before I complain or protest.
- I (and my guests) will be a positive role model for my athlete and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, officials, and spectators at every game, practice, or competition.
- I understand that I play a vital role in the health and safety of my athlete's participation. I have a responsibility to assist Special Olympics in providing for the health and safety of all athletes by reporting suspicious behavior, talking to my child about personal safety, dropping off and picking up my child/guard from Special Olympics events at the times designated by the organization (not excessively earlier or later than said established times), and any and all other reasonable measures to assist in the protection of Special Olympics athletes.
- I (and my guests) will never engage in any kind of unsportsmanlike conduct, such as booing and taunting, refusing to shake hands, or using profane language and gestures with any official, coach, or family member.
- I will never encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- I will teach my athlete to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my athlete treat other athletes, coaches, officials, and spectators with respect, regardless of race, creed, color, sex, or ability.
- I will teach my athlete that doing one's best is more important than winning, so that my athlete will never feel defeated by the outcome of a game or his/her performance.
- I will praise my athlete for competing fairly and trying hard, and I will make my athlete feel like a winner every time.
- I will never ridicule or yell at my athlete or other participants for making a mistake or losing a competition.
- I will emphasize skill development and practices, and how they benefit my athlete over winning. I will also de-emphasize games and competition in lower age groups.



- I will promote the emotional and physical well-being of the athletes ahead of any personal desire that I may have for my athlete to win.
- I will respect the officials and their authority during games and competition, and will never question, discuss, or confront coaches during competitions. Instead, I will take time to speak with coaches at an agreed upon time and place.
- I will demand a sports environment for my athlete that is free from drugs and alcohol, and I will refrain from their use at all sports events and competitions.
- I will smoke/chew tobacco only in designated areas.
- I will refrain from coaching my athlete or other athletes during competitions and practices if I am not the assigned coach.

As a Special Olympics Accredited Program family member, I also understand that if I fail to abide by the aforementioned rules and guidelines, I may be subject to disciplinary action that could include, but may not be limited to, the following:

- Verbal warning by officials, coaches, and/or sub-Program and Accredited Program personnel
- Game suspension with written documentation of incident kept on file in the Accredited Program Office
- Written warning
- Game forfeit through official or coach
- Season suspension
- Misbehavior Report submitted to Event Director

I hereby certify that I have reviewed, understood, and agreed to this Code of Conduct.

**Signature of Family Member** 

Date

(Print)

Local Program/sub-Program

Athlete's Name