Hey Mon! Are You Brave Enough to Take the Plunge?

**STEP 1: REGISTER FOR THE PLUNGE.**
You can fill out the registration form on this brochure and bring it with you on the day of the Plunge. Or you can register online and create your own fundraising page. It's easy! Go to IDSO.ORG, click on the Plunge in your area and follow the link to the FirstGiving Registration Site. You can even create teams! Just make sure that each person on your team registers individually.

**STEP 2: COLLECT PLEDGES.**
Ask for pledges from family, friends, neighbors, businesses, and co-workers. You can use the pledge form on this brochure or you can create your own online fundraising page. Visit IDSO.ORG to get started. All online donations go directly to Special Olympics Idaho. All other pledges must be collected and brought with you and turned in on the day of the Plunge.

Cool Incentive Prizes for Those Who Raise More than $250 +

---

**A Cool Way for People with Warm Hearts to Make A Difference!**

By Taking the Plunge...
You can help raise money and awareness for our Special Olympics Idaho athletes. Without the generous support from people like you, Special Olympics Idaho would not be possible for Idaho children and adults with intellectual disabilities. Help us to create communities of acceptance and inclusion for all by registering today!

Website registration at IDSO.ORG

**Special Olympics Idaho**

199 E. 52nd Street
Garden City, ID 83714
1-800-915-6510

---

**PENGUIN PLUNGE**

Penguins in Paradise

- Saturday, March 21, 2020
- Bonners Ferry Search & Rescue Waterways Building on River Street
- Check In: 11:00 am
- Plunge Begins at 12:00 pm
- Adult Plungers (18+) Must Raise $50 to take the Plunge
- Youth Plungers (17 and under) Must Raise $35 to take the Plunge

Join Us for this Family Fun Event!
Entertainment! Food Vendors! Dance Party! Much, Much More!

A Fundraising Event for the Athletes of Special Olympics Idaho
Registration Form

[ ] Adult 18 +  [ ] Youth (under 18)

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
</tr>
</thead>
</table>

| Phone | Email |________________________|________________________|________________________|________________________|________________________|________________________|________________________|________________________|

- Each Plunger will receive an official Plunge Beach Towel!
- Incentive Prizes for Those Who Raise More than $250 and Up!
- Each Plunger Will be Required to Sign a Liability Waiver. If Plunger is Under the Age of 18, Waiver Must Be Signed By a Parent or Guardian. Liability Waivers Will Be Present On Site at Plunge Location