

# It's so Easy, a Penguin Can do it!

## STEP 1: Register for the Plunge.

You can fill out the registration form on this brochure and mail or fax it to the Special Olympics Idaho, bring it with you day of, or register online. It's easy! Go to [www.idso.org](http://www.idso.org) and click on News And Events. Then, select the Penguin Plunge in your area and follow the link to the registration site. You can even create teams! Just make sure each person on your team registers individually.

## STEP 2: Collect Pledges.

Go out and ask for pledges from family, friends, neighbors, and coworkers. You can use the pledge form on this brochure, or you can create your own online fundraising site. Visit [www.idso.org](http://www.idso.org) to get started. Then e-mail additional friends and family asking them to support you by donating to your personal fundraising webpage. It is easy and fast! All donations from the web go directly to Special Olympics Idaho. All other pledges must be collected before the plunge and brought with you to the Plunge Registration/ Check-In.

## STEP 3: Read and Sign Waiver

Make sure you bring your signed waiver to the plunge or sign one at registration the day of. "Penguins" under the age of 18 must have a parent/guardian read and sign the waiver.

## STEP 4: HAVE FUN!!

Have fun and feel good about helping support our Special Olympics athletes!

You  
Can Make a  
Difference!

The Penguin Plunge will take place on Saturday, March 10, 2018 at Sandpoint City Beach. By taking the plunge, you can help raise money and awareness for our Special Olympic athletes who train hard to compete in Special Olympics. Without the generous support and donations from our community, Special Olympics would not be possible.

*"Let me win. But if I cannot win,  
let me be brave in the attempt."*

*Athlete Oath*

Website Registration [www.idso.org](http://www.idso.org)

Fax Registration 208-323-0486

Email registration [shannon@idso.org](mailto:shannon@idso.org)

Mail Registration to Special Olympics  
Idaho: 199 E. 52nd Street Garden City,  
Idaho 83714



**Saturday, March 10, 2018**

**Sandpoint City Beach**

**Sandpoint, Idaho**

**On-site Registration 11:00am**

**Plunging Starts at 12:00pm**

**Chili Cook Off**

**Prizes for Costumes**

*A cool way for people with  
warm hearts to support Special  
Olympics Idaho.*



## Penguin

☐ Adult (18+) ☐ Youth (under 18)

Name \_\_\_\_\_

Address

City State Zip

Phone \_\_\_\_\_

Email

☐ I would like more information on volunteering with Special Olympics Idaho

☐ I am unable to take the plunge but would like to donate \$\_\_\_\_\_ to be a Chicken Plunger.

# WAIVER

In consideration of participating in the Law Enforcement Torch Run® Penguin Plunge ("Event"), I represent that I understand the nature of the Event and that I and/or my minor child is qualified, in good health, and in proper physical condition to participate in such Event. I acknowledge that if I and/or my minor child believe Event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Event.

I fully understand that Event involves risk of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the Event, the conditions in which the Event takes place, or the negligence of the "Releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and /or my minor child incur as a result of my and/or my minor child's participation in the Event. Additionally, I grant Special Olympics Idaho permission to use my likeness in any media form.

I hereby release, discharge, and covenant not to sue Special Olympics Idaho, Law Enforcement Torch Run®, ALL OTHER SPONSORS INCLUDED HERE, Special Olympics, Inc., their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Event takes place, (each considered one of the „RELEASEES“ herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk 1, or anyone on my and/or my minor child's behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost which may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, not-withstanding, shall continue in full force and effect.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

(If under the age of 18 years old)

## Penguin

☐ Adult (18+)      ☐ Youth (under 18)

Name \_\_\_\_\_

Address

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone

Email

☐ YES! My company has a matching gift policy

Total Contributions \$ \_\_\_\_\_

Total Collected \$ \_\_\_\_\_

Please make checks payable to Special Olympics Idaho

[illegible]

\*For additional pledge forms, visit our website at [www.idso.org](http://www.idso.org)

*Helping Special Olympic  
Athlete's Dreams come true  
has its rewards...*

## Penguin Plunge Prizes:

Raise \$50 = Beach Towel

Raise \$250 = Beanie

Raise \$500 = Fleece Blanket

Raise \$1,000 = Soft Cooler