

# **SPECIAL OLYMPICS IDAHO**



## **Athletes**

More than 1,900 athletes from 7 areas and county programs across Idaho trained and competed in Special Olympics Idaho (SOID) last year. Participation in Special Olympics training and competitive events is open to all people with intellectual disabilities regardless of their degree of challenge. Athletes age 8 and over may participate in Special Olympics training programs and competitions. From then on, athletes can compete for the rest of their lives.

## **Eligibility**

Special Olympics training and competition is open to every person with intellectual disabilities who is at least eight years of age and who registers to participate in Special Olympics

A person is considered to have intellectual disabilities for purposes determining his or her eligibility to participate in Special Olympics if that person satisfies one of the following requirements:

1. The person has been identified by an agency or professional as having intellectual disabilities as determined by their localities; or
2. The person has a cognitive delay as determined by standardized measures such as intelligence quotient or “IQ” testing or other measures which are generally accepted within the professional community as being a reliable measure of existence of cognitive delay; or
3. The person has a closely-related developmental disability, which means having functional limitations in both general learning (such as IQ) and in adaptive care (such as recreation, work, independent living, self-direction or self-care).

Before an athlete can begin Special Olympics sports training, the athlete’s parent/legal guardian and a medical professional must complete an application for participation. The medical portion of this form needs to be completed only once every three years, unless the athlete has a current health situation or develops a health situation. In this case, the medical portion must be completed annually by a medical professional. If no health situation exists that requires an annual medical review, the basic information portion of the form must be updated every three years.

Submit the completed athlete participation form to the Special Olympics Idaho Chapter office. You can also go to our website at [www.idso.org](http://www.idso.org), or contact the Special Olympics Idaho Chapter office at 208.323.0482.



**Special Olympics**  
*Idaho*